

# WEEK 3

CHAPEL - APRIL-OCTOBER 2017

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Week 3: 8 May, 29 May, 19 Jun, 10 Jul, 11 Sep, 2 Oct, 23 Oct				
THE MAIN EVENT	Brunch Special (Sausages, Oven Baked Potato Wedges, Grilled Tomato & Baked Beans)	Cheesy Bolognese Pasta Bake with Garlic Bread, Green Beans and Cauliflower	Roast Turkey with Stuffing, Gravy, Roast Potatoes, Carrots and Parsnip Mash	Sticky Teriyake Chicken with Rice, Sweet and Sour Vegetables and Sweetcorn	Battered Fish Fillet with Oven Baked Potato Wedges, Baked Beans and Garden Peas
	Vegetarian Brunch Special (Veggie Sausages, Oven Baked Potato Wedges, Grilled Tomato and Baked Beans)	Roasted Vegetable and Chickpea Balti with Rice, Green Beans and Cauliflower	Vegetable Roast with Stuffing, Gravy, Roast Potatoes, Carrots and Parsnip Mash	Macaroni Cheese with Garlic Bread, Broccoli and Sweetcorn	Spanish Omelette with Oven Baked Potato Wedges, Garden Peas and Baked Beans
TO FINISH	Ice Cream with Peaches and Shortbread Finger	Marble Sponge with Chocolate Sauce	Fruit Trifle	Danish Apple Cake with Custard	Peach Crumble Tart with Custard



FED BY ENTHUSIASM